

## **1. The launch of Puerto Sotogrande Inclusive Special Needs Sailing School**

With the presence of the participants from the different supporting Associations and assistance to the participants with special needs, this activity with theory and practical classes is inaugurated.

The Puerto Sotogrande Inclusive Special Needs Sailing School has started today 8<sup>th</sup> May with a program of two days a week and 3 hours a day to attend the high demand from the different Associations of assistance to those individuals with special needs, to practice sailing activity.

Therapeutic sailing activities form the first phase, to make contact with the environment and enjoy the benefits which sailing practices can bring. With the use of a 12 metre sailing vessel and for the most active participants a program of light sailing, with the use of three TOM28 vessels, with an overall length of 8.5metres. The later being very competitive and apt, for quick learning of the fundamentals of sailing and competing in regattas.

In the second phase and following a period of adaptation to the environment, training and consolidation of practical and theoretical knowledge , the objective is to be able to identify competitive crews which can participate in provincial and regional regattas for inclusive special needs sailing, of courses continuing with the standard activity in the special needs sailing school..

The Inclusive Special Needs Sailing School starts with the Sponsorship of Puerto Sotogrande, which allows the activity to operate without costs for the participants.

The organization of the activity is carried out by the Sotogrande Royal Maritime Club (RCMS), with the participation of Alavela Sailing School.